



HEALTHY CITIES OF THE CZECH REPUBLIC

INTERVIEW



An interview with deputy Mayor of the Healthy City of Třebíč and politician of the Healthy City Project (HCP) and Local Agenda 21, Mr. Radek Číhal.

Třebíč will have a “Healthy” high school

The Project Healthy City of Třebíč this year celebrates the anniversary of ten years. What would you personally consider the greatest success, an vice versa, what would you like to change?

I think it is good to compare the situation in the city ten years ago and today: Not only the realisation of new citywide events, campaigns and projects, but also the gradual implementation of strategic management, city grant system, monitoring of indicators of sustainable development or development of the City Health Profile - all these are results of the previous period. I consider the integration of non-profit sector and schools into the collaboration within the Healthy City quite unique. For these and other activities the city of Třebíč had been awarded a number of prizes, e.g. also from the part of the Ministry of Health or within the national competition “About People with People”. And what should be changed? We would certainly wish that projects submitted within the framework of our city grant system were of even higher quality, that departments of the municipal office and some other institutions and naturally the citizens themselves participated even more often.

Interesting events within the Tobacco Free Days Campaign recently took place in Třebíč. Can you tell us something more about these?

Our city regularly joins the World Tobacco Free Day with its event “Road to Clean Air”, which is a rise on the city tower connected with distribution of information materials related to smoking prevention. This year the event went very well despite the poor weather. On Sunday 28.5. it was attended by 87 children and teenagers and 91 adults. Owing to the fact that the main partner is S.C. Sokol Třebíč, we could connect this year’s promotion of the healthy way of life on the occasion of the World Tobacco Free Day with quite a significant sporting activity, represented by the regional gathering of Sokol in Třebíč on the same day.

Does Healthy City of Třebíč consider any measures as a part of prevention of smoking or other measures reducing the negative impacts of tobacco consumption?

Besides the previously mentioned “Road to Clean Air” the topic of non-smoking is regularly placed in the Health Days as part of which citizens are provided with information materials related to the topic. Within the cooperation with Health Institute located in Jihlava a series of forums for children and students of basic and high schools took place this year, dealing with various topics including “smoking”. I am pleased to say that the forums met with a warm reception. We intend to support the prevention (not only of smoking) strongly, especially by means of schools, mostly those that have been realizing the Health Promoting Schools Project. We are therefore pleased that one of Třebíč’s high schools is going to join the projects – this school would only be the second such “Healthy” high school in the Czech Republic.

Topic of the month: “Non-smoking”

According to the World Health Organisation, the effects of using tobacco kill 3.5 million people in the world every year, which is almost 10 thousand dead every day. Estimates say that by the year 2020 tobacco is going to be the main cause of death and invalidity and that it would bereave more than 10 million people of life each year. According to estimates there are more than **2.5 million smokers** in the Czech Republic, 50 of these dying every day. Smoking is, however, not only a problem of tobacco users, but also of those who dwell in their vicinity. Despite these warning statistics, the efforts to pass a law prohibiting smoking in restaurants, such as is effective e.g. in Ireland, were not successful. The new “anti-smoking” law on one hand prohibits smoking e.g. in schools, cinemas and theatres, sports halls and other places open to public, on the other hand it dropped the definite prohibition of smoking in all restaurants that do not have a structurally detached dining hall for smokers. Nowadays it is enough to designate an “area for smokers” which is widely circumvented



Manifestation march through the city against smoking took place in Vsetín.

in practice. At the same time a number of EU researches prove that general policies restricting smoking work, and that these are worth it in the area of public health. In all places where public knowledge of the given issue grows, the measures against passive smoking are usually accepted more often.

Also for this reason the Healthy Cities, Municipalities and Regions annually participate in the campaign "Tobacco Free Day" and other programmes of smoking prevention and prepare a number of interesting events. These are aimed mostly at raising awareness, especially of children and youth but also of their parents, concerning negative effects of smoking in all its forms. You can read more not only about the campaign in this issue of HCCZ Bulletin.

TOPIC OF THE MONTH HOME AND ABROAD

Restriction of smoking pays off to the whole society

29% of adult population of the Czech Republic smokes, but this ratio is much higher in case of youth – 50%. The overall costs of hospitalization as a result of smokers' diseases significantly exceed the annual sum of 20 billion crowns; ambulant care is estimated at the sum even 1.5 times higher, while this sum does not include the expenses for increased rate of incapability for work. These reasons also lead the state as well as non-profit organizations to making efforts that would change the above stated situation.

One of the state institutions dealing with issue of smoking in the CR is the **National Institute of Public Health (NIPH)** and Centre of Health and Living Conditions. Protection and support of health of those areas of human integration with environment that can be influenced by human acting and behaviour has become the centre's mission. Health Support Advisory Centres also providing individual consultancy are a part of the centre. As stated at the NIPH pages, through a healthier lifestyle up to 80% of premature deaths caused by cardiovascular and tumorous diseases can be eliminated (find more at <http://www.szu.cz/czzp>). Prevention programmes focused on improvement of health state of inhabitants of the CR are a part of conception of the **Ministry of Health of the CR (MH)**. The programme "Lung Cancer Can Be Your Problem Too" belongs among these. Its expert guarantor, Prof. Dr. Pavel Pafko, familiarises the public by means of brief discussions with effective forms of prevention so that all people may prevent possible disease themselves (find more at http://www.mzcr.cz/data/c1807/lib/mfd_pafko.jpg). The **Institute of Medical Information and Statistics of the CR** (<http://www.uzis.cz>) deals with statistical data about effects of individual diseases on health state of inhabitants of the CR.

A non-profit organisation participating in all activities supporting the smokers' decision to quit smoking is the **Czech Coalition Against Tobacco (CCAT)**, member of Framework Convention Alliance, an international association of more than 180 organisations that have been supporting the Framework Convention of Tobacco Control and actively participated in its preparation (see <http://www.ftc.org>). The motto of coalition activity is as follows: "We fight against cigarettes and smoking, but not against smokers". The association organises the campaign **One Year of the Right Choice**, whose objective is best possible comprehension of the issue of giving up smoking and passing these information on to public. **The Club of the Right Choice** has been established on basis of this programme, uniting smokers who make efforts to overcome their habit. The aim is to offer smokers all needed knowledge, experience and means that may help them to quit smoking. CCAT also backs up the programme **Smoke - free Enterprise**, intended for companies determined to follow the

European trends and implement non-smoking working environment. CCAT in collaboration with the Ministry of Health and World Health Organisation Local Office CZ (WHO CZ) launched on January 4th 2005 a common project – operation of a **telephone line for giving up smoking**. CCAT also prepared in its new section "Protection Against Passive Smoking" practical instructions of how to proceed in the event that people smoke in areas prohibited by the law (see <http://www.dokurte.cz>).

The European Union

EU has been trying to fight against smoking by many means for a number of years. The European Commission strives by various means ranging from all-European campaigns, issuing information publications, organising seminars and conferences to partial steps in the area of legislation, to reduce the number of smokers and reduce the group of people who die every year directly or indirectly due to effects of smoking. While in other countries of the European Union there are strict laws being gradually passed, prohibiting smoking for the benefit of the non-smoking majority in public places, including restaurants, the laws of the Czech Republic are ambiguous. In Europe the **non-smoking restaurants and bars** are legislated e.g. in Ireland, Scotland, Italy, Norway, Sweden, Spain, Malta and in other countries there are similar laws about to be given effect, or being currently prepared.

The European Parliament actively participates in reducing smoking within EU countries, which is proven by a seminar held in Brussels as a part of presentation of publication called "**Lifting the smokescreen: 10 reasons for a smoke free Europe**". WHO also supports the **Tobacco-Free Europe** policy on basis of collaboration among individual EU countries. It engages not only in raising awareness but it mostly endeavours to implement various legislation restrictions. The **WHO Framework Convention on Tobacco Control** was unanimously accepted at the 56th World Health Congress on 21st May 2003. The Czech Republic signed the Convention on 16.6.2006, but it has not been ratified yet.

HCCZ Partners

Even though smoking has provably adverse effects on our health, its prevention is a complex task even for specialised institutions. Raising awareness about the negative effects of tobacco use is the only reliable way of reducing smoking in our population. Healthy Cities, Municipalities and Regions are therefore naturally open to work with expert partners who provide vital information and experience. Within the smoking prevention framework HCCZ collaborates mostly with **National Institute of Public Health**. This year they mutually promote the competition "Quit and Win" that rewards smokers for giving up smoking (more at: <http://www.szu.cz>). Citizen-action public **Czech Coalition against Tobacco** (<http://www.dokurte.cz>), whose director Dr. Kateřina Langrová among others visited the MCAP Session in Chrudim (more about the Session below), is also an active partner.

The non-smokers' MCAP Session was hosted in May by the Healthy City of Chrudim.

The MCAP Session already took place for the second time in Chrudim this year and its participants had a chance to see presentations to the topic "Non-Smoking is Normal – Education to Non-Smoking Not Only at Schools"



This year's fifth MCAP Session was again hosted by Chrudim.

Another this year's meeting of experts and representatives of Healthy Cities took place on May 11th in the Healthy City of **Chrudim**. The Session participants were welcomed by the deputy Mayor of Chrudim and politician of the Healthy City Project and Local Agenda 21, Mr. Petr Řezníček who emphasised the importance of prevention of smoking effects, which is at the same time one of targets of the Health 21 programme. Chrudim deals with the issue of smoking in its preventive programmes, participated mostly by school facilities but also by other organisations working with children and young people. In the course of the Session course the attendees observed the presentations to the project **Healthy Family Does Not Smoke**, which contains methodologies for children target groups ranging from kindergartens over basic schools and long-term grammar schools to high medical schools.

The Healthy City of Chrudim leads its young inhabitants to non-smoking

The projects realised in the Healthy City of Chrudim address all target groups of children and offer specific forms of smoking prevention.

The Healthy City of Chrudim introduced the project **Healthy Family Does Not Smoke** in a presentation by Mrs. Šárka Trunečková as a part of May Session. A part of the project is also the programme called **We Do Not Even Want to Smoke Passively** in whose realisation took part 7 Chrudim's kindergartens and whose main objective was the endeavour to lay foundations for later non-smoking development of an adult human. Realisation of the programme in the **Healthy Kindergarten of Dr. J. Malík** was outlined to Session participants by Mrs. Růžena Bělobrádková. Children familiarise with content of the programme for instance by way of fairytales and motivating games, parents are also involved - there is an appeal designated for parents inside the children's colouring book related to the issue of smoking. The students of the 1.-3. year of the Healthy Medical High School in Chrudim learned within the programme a fairytale performance for children in kindergartens, called **About Little Cigarette**. The programme **Non-smoking Is Normal** is focused on complex support of the healthy lifestyle and prevention of smoking with children of lower school age. Children familiarise in an entertaining way with the fact that smoking is not a normal part of our living style. They use worksheets with motivating stories of squirrel Věrka and tasks for group work with parents. For older students of 6.-9. grades there is a programme **Smoking and I** that is aimed at addressing children at the most critical age from the point of view of development of smoking habit. The presentation of Basic School Sladkovského showed us how children, divided into working groups, acquire in the process of fulfilment of various tasks

a large amount of information about risks related to smoking. At the same time they engage in the programme the adults with whom they fill in questionnaires to the subject of smoking. The programme **Non-Smoking Health Service** is intended for future medical workers as a further addition of information about the issue of smoking. Activities of the **National Institute of Public Health situated in Pardubice, workplace Chrudim** were introduced in the presentation called **Together against Smoking**, by Dita Jirásková. The National Institute of Public Health runs **advisory centre for giving up smoking** and cooperates in programmes We Do Not Even Want To Smoke Passively and Smoking and I. Individual smoking prevention projects under common title **Finished Smoking!?** were introduced by the manager of criminality prevention Mrs. Radka Pochobradská who among others reminded the topic of smoking as a part of literary contest For Chrudim's Golden Quill. The **House of Children and Youth Chrudim** organised a scientific progressive competition called **Paragraph 11/55**, intended for pupils of 8.-9. grade of basic schools. Project presented at the HCCZ Session by Mrs. Lenka Korejtková reminds the content of law prohibiting sale of tobacco products to young persons under the age of 18 years.



The "Week against Smoking" was a part of the Tobacco Free Day campaign in Archbishop Grammar School of Kroměříž.

GOOD PRACTICE

Good practice of Healthy Cities in prevention of smoking

Campaigns to the World Tobacco Free Day have also shown the long-term conceptions of the Healthy Cities in support of non-smoking.

Targeted anti-smoking programmes introduced to public in Healthy Cities on the occasion of the World Tobacco Free Day show good practice in the area of smoking prevention. The Healthy City of **Chrudim** realises a wide spectre of programmes combined in the project **Healthy Family Does Not Smoke**. In the Healthy City of **Hodonín**, school facilities but also other organisations such as e.g. the local Free-time and Eco-Centre, associate by their activities with the issue of smoking and prevention of various drug addictions. The anti-smoking activities have been newly joined by the **Municipal Library of Hodonín** with their programme for basic school children **"Tobacco Free Family" – why not to smoke, convince your parents not to smoke**. The kindergarten Jilemnického realises with children the project of the Ministry of Health of the CR, meant for preschool

children, called **We Do Not Even Want to Smoke Passively**. The Healthy City of **Kopřivnice** organises, along with the National Institute of Public Health in Ostrava, seminars about the harmfulness of smoking at basic schools.

Inhabitants of Healthy Cities can participate in the international competition titled **Quit and Win 2006**

The international campaign titled **Quit and Win 2006** is aimed at reduction of the global number of smokers. The first year of the competition in 1994 was joined by 13 countries, in 2002, however, already 80 countries and this year we expect participation of 100 countries from all continents with more than 1 million competitors. The effectiveness and efficiency of this campaign in relation to costs invested has been proven in a number of countries. Smoker is offered an important opportunity to quit smoking as he/she is motivated to win the competition and obtain reward which in the international round consists of 10000 dollars. In the Czech Republic the competition "Quit and Win 2006" is organised by the **National Institute of Public Health**, regional rounds are announced by relevant regional branches.



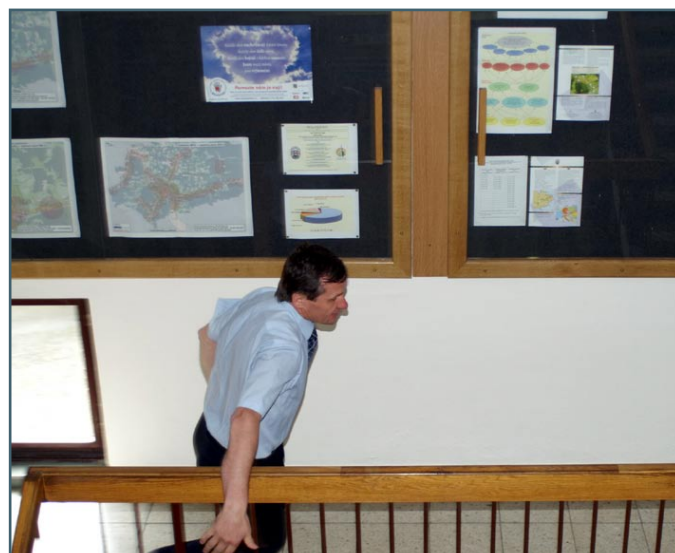
The climb on the city tower in **Třebíč** was free as a part of the Tobacco Free Day campaign.

Bits and pieces from Tobacco Free Day campaign in the Healthy Cities, Municipalities and Regions

The largest campaign focused on support of non-smoking annually falls on the last day of May. The Healthy Cities celebrated the World Tobacco Free Day in the course of the whole month in many sporting and cultural activities as well as educational events for support of healthy lifestyle and non-smoking.

The Healthy Cities fight against smoking by sports and similar activities

Practical fulfilment of healthy lifestyle principles has been shown by the Healthy Cities in their sporting and other activities on the occasion of the Tobacco Free Day campaign. The healthy city of **Chrudim** organised the traditional ascent to "clean air" on Sněžka Hill, inhabitants of the Healthy Cities of **Karviná** and **Orlová** climbed the peaks of Čantoryje Hill in Beskydy Mountains as a part of event



The Mayor of **Vsetín** and HCCZ Chairman, Mr. Jiří Čunek, also tested his condition.

called **Common Way to Clean Air**. The inhabitants of the Healthy City of **Letovice** had a chance to set out in nature together, the path of the planned all-day cycling trip lead through Svitava and Křetínka river valleys. The healthy City of **Boskovice** in cooperation with local Maternal Centre organised an event called "Let's Go to Streets – Spring Walk with minicars, intended for parents with children. The main objective of the event was to draw attention to the issue of smoking and its prevention. Those participants of the event of The Tobacco Free Day in the Healthy City of **České Budějovice** who filled in the questionnaire regarding smoking, received a free ticket to Black Tower so that they could test their lungs capacity. The ascent on city tower was also a part of anti-smoking campaign in the Healthy City of **Třebíč** where the local Sokol fellowship at the same time organised the Gathering of Vysočina Region Districts. The City representatives of the Healthy City of **Vsetín** along with free time centre Alcedo and Corporation for Community Work Vsetín organised competition in running upstairs the town hall staircase to the top floor. Up to fifty smokers and non-smokers, including the Mayor of Vsetín and HCCZ Chairman Mr. Jiří Čunek, participated in the competition.

Promotion of non-smoking in the Healthy Cities: from health advisory centres to prank vents

An exceptionally rich programme on the occasion of the World Tobacco Free Day was prepared for its inhabitants by the Healthy City of **Brno**. An event called **Animals Don't Smoke Either** took place in the local ZOO. Besides the musical, dancing and dramatic performances, seminars by experts regarding risks related to smoking were also a part of the programme. In this event smokers could also consult experts at "School of Giving up Smoking" as of how to put an end to their habit or they could have their content of carbon monoxide in breath measured and see for themselves how much more of this agent displacing oxygen out of blood contains breath of smoker if compared to a non-smoker. The visitors of events in the Healthy City of **Hodonín** could also have had their health state checked at the event for public, where the **National Institute of Public Health with seat in Brno** introduced its services, such as measurement of blood pressure, sugar or cholesterol. Diet consultancy or presentations of companies from the field of overcoming smoking and companies with diet supplements have been used by Hodonín high schools extensively. The Healthy City of **Kopřivnice** joined the campaign by supporting the initiative of health institute concerning establishment of advisory centre for overcoming smoking in city. City representatives intend to focus in the future on controls of specified smokers' zones in restaurants. Children of the Healthy City of **Uherský Brod** had an opportunity to observe respecting of the "antismoker-law" in practice. Children were

taken to their "round" by officers of the municipal police and then went together through the restaurants, public areas and shops with tobacco products and checked whether this new norm is respected. The **National Institute of Public Health with seat in Ústí nad Labem** joined this year's international competition "**Quit and Win**" and announced regional round of this competition for the Ústí Region. The Healthy City of **Ústí nad Labem** is represented by 20 competitors of the overall number of 89 competition participants. Tobacco in a form of cigarettes could have been exchanged for healthy fruit as a part of event **Smoking and Us** or Week against Smoking that took place from 13. until 17.5. at the Archbishop Grammar School in the Healthy City of **Kroměříž**. A substantial part of the programme was also prevention of smoking within individual school subjects; other events took place in free time. Local cable television in the Healthy City of **Litoměřice** shot a short movie aimed to support the Tobacco Free Day campaign. The movie is intended for young people and dedicated to prevention of smoking induced diseases. The Healthy City of **Moravská Třebová** focused in its campaign, prepared in collaboration with local House of Children and Youth, on its youngest inhabitants and prepared for them the traditional **Travel through Fairytale Forest**. In the Healthy City of **Velké Meziříčí** they organised children's Olympics with subtitle "animals do not smoke either".

In the programmes of campaigns related to the Tobacco Free Day there was also space for pranks and hyperbole and non-traditional approaches. For instance in Brno, competitors competed in throwing cigarettes to dustbin or negotiated an obstacle course with burden of a giant cigarette. In Vsetín they carried the Grim Reaper during prank march through city as a symbol of malign effects of smoking. In the Healthy City of **Valašské Meziříčí** they organised a march on fresh air on 18.6. - the march changes its traditional name from Mad Cow March to **Bird Flu March**. The event will be accompanied by a number of other activities and rich programme, consisting of contests, quizzes etc. The starting fees collected will be donated to support a disabled child. A very non-traditional way of tobacco use has been introduced in the Healthy City of **Veselí nad Moravou**. Specially cultivated tobacco plants that react to the amount of ozone in the air are grown by the children themselves. Children observe whether there is not an excessive amount of this agent in the air – since the tobacco leaves turn yellow in the event of increased ozone concentration in the air.



Examples of good practice from other areas can be found in **Database of Good Practice Examples** - <http://www.dobrapraxe.cz>.

RESOURCES AND PROJECTS

The prevention of smoking can be financed from more resources, especially from grants of individual cities, municipalities and regions as well as from department of health care

Reduction and prevention of smoking can be ranked among the so called grant opportunities. Unfortunately the attention in EU Funds is rather paid to the prevention of socially-pathological character. The National programme of Health Support administered by the Ministry of Health of the CR definitely appears as a suitable grant title for preventive events supporting non-smoking. This programme contains a specific chapter dealing with reduction of smoking.

More information including individual appeals (actually end of June 2006) and documents can be found at <http://www.mzcr.cz/index.php?kategorie=5>. Individual preventive actions and campaigns can be one-time supported from grant opportunities of regions and municipalities.

IN BRIEF

City Reflections

WHO/HCCZ

The World Health Organisation decided to **extend the IV. phase** of realisation of the **WHO Healthy City Project until the end of year 2008**. Initially, the IV. phase of the HCP should have been terminated in 2007. The WHO Office in Copenhagen informed about the change.

HCCZ

Already the fifth meeting of RUSE (Redirecting Urban Areas towards Sustainable Energy) partners took place in Prague in days 31.5.-1.6.2006. This programme is aimed at raising interest in renewable energy resources at the local and regional level by way of exchange of information, know-how and good practice examples etc. HCCZ along with MediaCon company at this seminar presented the approach to promotion and publicity of its activities and the Database of Good Practice Examples (more about RUSE at <http://www.energie-cites.org/page.php?lang=en&dir=3&cat=3&sub=2&id=12>).

HCCZ

The campaign called **National Accidents Free Days**, joined by 20 Healthy Cities and Municipalities, have culminated in recent days. Despite the fact that official termination of the campaign was on 11.6., many cities and municipalities organised interesting events right until the end of June. More at <http://www.dnybezurazu.cz>.

Vysočina

The Healthy Region already hosted the second **meeting of Healthy Cities** of Vysočina Region. Representatives of municipalities discussed their activities and short-term plans. The first meeting of the **Working Group for Healthy Region** of Regional Development Board also took place on the same day. Representatives of important regional institutions and organisations debated their expectations and targets of the Healthy Region Project for the nearest period.

GCSO

An important success of the Governmental Council for Sustainable Development is nomination of "**liaison officers**" for communication between GCSO and ministries in the field of sustainable development. Individual departments determined contact persons who will be in charge of passing of information in both directions – from GCSO to departments and vice versa – to collect and pass important information to GCSO. On 6.6.2006 the representatives of departments met for the first time on the ground of Committee for Communication of GCSO and negotiated the form of future collaboration.

HCCZ

The Healthy Cities, Municipalities and Regions can participate in the European **Green Light** programme. The principle of the Green Light programme is informational support and promotion of partners who invest into energy - efficient lighting. The cities and municipalities that utilise e.g. energy - efficient lighting in their offices or as a part of public street lighting may acquire the status of partner of this programme. They obtain law to use logo of the programme and plaque with EU flag and name of the European Commission declaring that this is an office or other institution responsible towards the environment.

Membership of the programme is **free**, the only requirement is to fill in the application form and declare energy - efficient lighting (more information at <http://www.eu-greenlight.org>).

CZ

In days 29.5.-2.6.2006 the **Week for Sustainable Development** took place in several places in Prague. A programme of discussion lectures has been organised by the Ministry of Environment in collaboration with embassies of France, Switzerland and Great Britain. HCCZ representatives also made their appearance within the Thursday block **"Environment-Friendly Cities"**. Its director, Mr. Petr Švec introduced the approaches of Healthy Cities, Municipalities and Regions of the CR and particular examples from the Healthy City of Vsetín were presented by Mr. Jiří Trezner (more at <http://www.tur2006.cz>).

HCCZ

Expert discussion seminar on the subject **"City Health Profiles – Pilot Examples"** took place on the grounds of the Ministry of Health on 23rd May. The seminar, organised in cooperation with the MoH and HCCZ was intended mostly for representatives of regional hygiene stations and medical institutes as well as other specialised organisations dealing with health quality professionally. More than **50 participants** from all over the CR listened to contributions focused on issue of planning for health. HCCZ has been among others introduced as a suitable platform for pilot introduction of strategic procedures and methods of health support (more at <http://www.nszm.cz/zdravotniplan>).

OUR NEXT TOPIC

The Topic of the Month for June is "Accidents".


Calendar of Events

15.6. - The HCCZ seminar related to the subject of **Countryside Development – Cooperation of Micro-regions and Local Action Groups** took place in Prague. The seminar was focused especially on presentation of successful sample procedures in the field of countryside development and cooperation of individual partners. Further information and programme of the seminar can be found at <http://www.nszm.cz/venkov>.

20.6. - Another expert **HCCZ Session** took place in the Healthy City of **Třeboň**. This information meeting was in June focused in accordance with Topic of the Month on injury prevention. Further information and programme of the seminar can be found at <http://www.nszm.cz/urazy>.


20.6. - The **World Refugee Day** has been announced by the UN General Meeting. This day is an opportunity to remember the millions of refugees all over the world who were expelled by persecution from their homes and who were forced to survive under difficult conditions of camps, having to wait for their chance to start again. More information at: <http://www.unhcr.cz/wrd/>.

21.6. - On basis of the successful HCCZ project for building partnership, mapping and support of projecting capacity an **all-regional seminar** took place in which experience of Healthy Cities with the above stated activities were presented at the Regional Office of South Bohemian Region in Brno. Find out more information at <http://www.nszm.cz/seminarjmk>.




HEALTHY CITIES OF THE CZECH REPUBLIC: Topic of the month

June 2006: Accidents



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na kolo jen s přilbou

- raising awareness events focusing on **accident prevention**
- **No Accidents National Days**
- **campaigns** regarding transport related injuries:
 - . Armadillo
 - . Going biking? Don't forget your helmet!
 - . Safe Route to School

EVENTS:

1.-11.6.2006
Community Campaign
No Accidents National Days

20.6.2006 - Třeboň
MCAP Session
Accidents Prevention

FURTHER INFORMATION:

30.6.2006
HCCZ Bulletin
<http://www.healthycities.cz>

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(The photographs were provided by the archives of HCCZ Office and member cities, municipalities and regions.)

